

Summer Fruit Salad



YUMMY YUMMY!!!

By PATBABB



Prep: 40 mins

Servings: 10

Total: 1 hr 40 mins

Yield: 1 fruit salad

Additional: 1 hr

Ingredients

- | | |
|--|---|
| <input type="checkbox"/> 1 fresh pineapple - peeled, cored, and chopped | <input type="checkbox"/> 2 kiwi fruit, peeled and chopped |
| <input type="checkbox"/> ½ cantaloupe - peeled, seeded, and chopped | <input type="checkbox"/> 2 fresh apricots, pitted and chopped |
| <input type="checkbox"/> 2 fresh peaches, pitted and chopped | <input type="checkbox"/> 10 cherries, pitted and halved |
| <input type="checkbox"/> 3 plums, pitted and chopped | <input type="checkbox"/> 15 seedless grapes |
| <input type="checkbox"/> 2 bananas, chopped | <input type="checkbox"/> 7 strawberries, chopped |
| <input type="checkbox"/> 2 oranges, peeled and cut into bite size pieces | |



Directions

In a large salad bowl, lightly stir together the pineapple, cantaloupe, peaches, plums, bananas, oranges, kiwi fruit, apricots, cherries, grapes, and strawberries; chill for 1 hour before serving.



Nutrition Facts

Per Serving:

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155 calories; 0.6 g total fat; 0 mg cholesterol; 8 mg sodium. 39.3 g carbohydrates; 2.2 g protein;

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